

safety lately



A monthly newsletter from A&A Elevated Facility Solutions

Staying Safe This December

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As we close out the year, we want to thank every employee for your hard work, your commitment, and your focus on safety. December brings new challenges: colder weather, wet entryways, heavier foot traffic, and busier shifts. These conditions can increase the risk of slips, chemical accidents, and equipment issues.

This month's Safety Lately is designed to help everyone stay safe, stay alert, and finish the year injury-free.

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1. WINTER SLIPS, TRIPS & FALLS

Cold weather can cause wet floors, icy entrances, salt residue, and leaks. These hazards make slips more common.

To protect yourself:

- Always wear non-slip shoes
- Walk slowly with short steps on wet or icy surfaces
- Use wet floor signs right away when cleaning
- Wipe up spills or water tracked in from outside as soon as you notice it
- Report slippery areas, leaks, or icy entrances so they can be fixed quickly

Little actions help prevent big injuries.

2. CHEMICAL SAFETY & PROPER LABELING

You may notice that we use many different cleaning products every day. These chemicals must be handled safely.

Remember:

- Only use approved products provided by A&A or the client
- Every spray bottle must have a label — no exceptions
- Never mix chemicals
- SDS (Safety Data Sheets) are always available in your onsite Safety Binder
- If a label is missing or worn out, ask for a new one before using the product

When in doubt, always ask. Using chemicals safely protects everyone.

3. PPE: YOUR FIRST LINE OF DEFENSE

Personal Protective Equipment (PPE) helps keep you safe while doing your job.

Depending on the task, you may need:

- A1 or A4 safety gloves

- ICut-resistant gloves for trash, cardboard, recycling, and pallet jacks
 - Safety glasses when there's a splash or debris risk
 - Non-slip shoes
 - Winter gear (gloves, hats, layers) for outdoor work
- If you are missing PPE or have damaged PPE, tell your supervisor so we can replace it.

4. EQUIPMENT AWARENESS

Please be aware of the condition of the tools and equipment you use each day.

Report immediately if you see:

- Damaged cords
- Broken ground prongs
- Cracked mop buckets
- Machines that spark, smell, or sound unusual
- Mop sinks being used to store equipment or trash

Never use damaged equipment — it can cause shocks, burns, or trips.

5. MANAGING HOLIDAY STRESS & FATIGUE

This is a busy time of year, and it's easy to feel tired or rushed. Fatigue raises the risk of mistakes and injuries.

Simple ways to stay safe:

- Take your scheduled breaks
- Drink water during your shift
- Ask for help with heavy or awkward tasks
- Let your supervisor know if you feel overwhelmed or exhausted

Your well-being comes first.



6. COLD WEATHER TIPS (OUTDOOR STAFF)

If part of your work is outdoors:

- Dress in warm layers
- Keep your hands, ears, and head covered
- Take warming breaks as needed
- Report any signs of numbness or tingling

Cold stress can creep up quickly — protect yourself.

7. REPORTING INJURIES & NEAR MISSES

If you are hurt on the job — even if it seems minor — tell your supervisor right away. Early reporting helps you get the right care and prevents further injury.

Also tell your supervisor if you notice a near miss — something that almost caused an accident. This helps prevent future injuries and keeps everyone safer.

Remember:

- Reporting in eHub is not the same as the accident report
- Your supervisor will help you complete the correct form on the AAEFS website

You will never get in trouble for reporting an injury or hazard.

8. GOOD SAVES (NEAR MISSES) MAKE A DIFFERENCE

Good Saves include moments when someone catches a hazard before it becomes an injury.

Examples:

- Reporting a damaged cord
- Noticing an unlabeled chemical bottle
- Cleaning up a slippery area before someone falls
- Calling out broken equipment

These actions prevent injuries and keep everyone safe. If you have a Good Save, share it!

THANK YOU & END-OF-YEAR APPRECIATION

Thank you to every employee who shows up each day ready to work safely. You are the reason our teams stay strong, injuries stay low, and our company continues to grow.

Your attention to detail — placing wet floor signs, wearing PPE, reporting hazards, and looking out for your coworkers — makes a real difference.

We appreciate you and everything you do.

We wish you and your loved ones a safe, healthy, and restful holiday season.

Let's finish 2025 safely and start the new year even stronger.



Holiday Stress & Mental Wellness

The holiday season can be exciting, but it can also bring extra stress both at work and at home. Busy schedules, heavier workloads, colder weather, and personal obligations can leave anyone feeling tired or overwhelmed.

Taking care of your mental well-being is just as important as taking care of your physical safety. When we're stressed or distracted, we're more likely to rush, make mistakes, or get injured. A few small habits can make a big difference.

SIMPLE WAYS TO REDUCE STRESS THIS MONTH:

- **Take a 1-minute reset:**

Slow your breathing, stretch your shoulders, or take a brief pause to refocus.

- **Stay hydrated:**

Even in cold weather, dehydration can make you feel sluggish and irritable.

- **Eat regularly:**

Skipping meals can cause energy crashes, making it harder to stay alert.

- **Use your break fully:**

Give your mind a chance to rest — step away from your workstation during breaks.

- **Talk to someone:**

If you feel overwhelmed, it's okay to let your supervisor or a coworker know. You're not alone.

- **Don't rush:**

The holidays can make everyone feel pressed for time, but slowing down helps you work safer and steadier.

WHY THIS MATTERS:

Stress affects your focus, reaction time, and decision-making. Keeping your mind centered helps prevent accidents and helps you finish your day safely.

Your well-being matters — at work, at home, and in everything you do.

Take care of yourself this season, and let's support each other through the busy month ahead.



See Something. Say Something.
Stay Safe.

Safe2Say allows anyone on our team to anonymously report safety hazards, misconduct, or concerns. No judgment. No retaliation.

Get in touch!



Questions or need
to submit a report?
Call 914.998.2345
or scan the QR code